



35th Ohio



Winter Sno - Day Something for Everyone Indoor and Outdoor Events



February 5 and 6, 2010

Friday --

**Evening Devotion
Worship - Exult Worship
Three Man Basketball
Tournament - Video
Game Tournament**

Saturday --

**Winter Games -
Broom Hockey -
Volleyball - Indoors
Dodge ball - Indoors
And more**

**Paint Ball for Expedition
Rangers**

**Cost: \$45 - Dorms
\$18- Camping**

*(There will be an additional cost
if you stay Saturday evening)*

**Chartered outpost
will receive a 15%
discount.**

*Do not bring fire wood. We
will have fire wood available
(NO COST)*

Winter Camp Events

Saturday Events

- **Paint Ball – Expedition Rangers only**
- **Extreme Klondike Sled Race**
- **Best Sled - We are asking each outpost to make a Klondike sled. Several examples are attached. We will award prizes for the top three sleds.**
- **Extreme Chili Cook off**
- **Broom Hockey**
- **Volleyball**
- **Dodge Ball**
- **Trophies will be awarded to the top three Largest Outposts**
- **Trophies will be awarded to the top three Largest Sections**

Winter Camping Tips

AREAS OF CONCERN:

Dress in Layers. You control your body temperature by adding more layers when you start feeling cold and removing layers before you overheat.

Stay Dry. Damp clothing lowers body temperature and lessens clothing's insulating value. If you start to sweat, you're overdressed. If your clothing gets wet, change into clean, dry gear as soon as possible.

Eat a balance of Nutritious Foods. Food produces energy to keep you warm. Think of your stomach as being like a wood burning stove. Sugary foods, like burning paper, provide a flash of energy that is quickly consumed. Complex carbohydrates, like kindling, produce energy over a longer period of time. Fats, like logs, produce lots of energy over a sustained period of time. Remember, It's the fire within that keeps you warm.

Drink Plenty of Fluids. In cold, dry weather, your body uses a lot of liquid, even if you're not active. Don't risk dehydration. Carry a water bottle inside your clothing to keep it from freezing and take frequent water breaks.

Warm up with Exercise, not Campfires. Campfires heat only one side of your body and trick the body into believing it doesn't need to generate its own heat. Also, your winter clothing insulates you from the heat just as it insulates you from the cold.

Watch out for Elastic. Jackets and pants with elastic cuffs, if too snug, can slow or cut off circulation to fingers and toes, leading to frostbite. Tight waistbands, also, can seriously reduce the body's heating ability.

Protect your Face. A scarf, neck gaiter, balaclava helmet, or face mask helps shield your face from dangerous exposure to wind and weather. Proper sunglasses provide eyes with UV protection from snow-reflected sunlight. Lip balm helps keep lips from chapping and bleeding.

Checklist.

Make a checklist of everything you need before you start to pack. Then check each item off as you pack it. This way you will not forget anything.



Paintball – **Expedition Rangers Only**

The Expedition Rangers event for the Ohio District Winter Camp will be Paintball. This is an action packed game of capture the flag with CO2 paintball guns. All the required safety equipment is provided. The Expedition Rangers will be divided into two teams. They will play at least 2 games.

Cost : \$12.00 This is an additional cost to Winter Camp registration.

The fee covers Tracer air gun, unlimited CO₂, 40 R.P. Scherrer premium match grade paintballs, Scott & JT goggles and face mask. If you plan to shoot more than the 40 paintballs, you will need extra money to purchase more paintballs. The reloads cost: \$4.00 for each 40 rounds of paintballs or \$6.00 for 80 rounds.

Some extra items you will need for the Paintball Skirmish are:

1. A hat that will cover your ears.
2. Thin gloves to allow trigger access
3. Good water repellent and insulated boots
4. Coveralls or an extra change of large pants and over shirt. These items should be old as you will get paint on them.

Commanders are invited to participate in this event.

Winter Camp is open to Adventure Rangers and Expedition Rangers only.

Please do not bring younger boys to this event.

Be prepared for a great time.

The Ohio Royal Ranger Winter Camp will be held at the Ohio District Heartland Conference and Retreat Center(HCRC). The HCRC is located in central Ohio off exit 140 on I-71, **see enclosed map**. The emergency phone number is 704-747--0220.

You need to remember that this is a Winter Camp - so prepare your boys and be ready for an exciting adventure. There isn't anything like a winter camp to build a Boy's and Commander's sense of accomplishment and self esteem. Start right away during your weekly meetings to feature winter camping techniques and preparing your boys.

The dress code for winter camp is warm clothing. Remember if you don't have the proper clothing it will not be an enjoyable time and the boys will not want to come back. You need to bring your outpost self-contained with water, food, sleeping gear, straw, etc.

Video / Game Station Competition will take place on Friday evening. **Must sign up when you register.**

Three man Basketball – Double elimination – Each team must have an Adventure Ranger on the team – Teams can have subs but there must be an Adventure Ranger on the floor at all times. **Must sign up when you register.**

2010 Ohio Winter Camp

Registration form and check must be post marked by **January 16, 2009**. Please send a check (no cash).

Send to: Jon Miltenberger

2074 E. Lytle 5 Pts. Rd.

Dayton, Ohio 45458

Questions? Call Home: 937-885-5153 Cell: 937-602-8095

Sno – Day Schedule

Friday, February 5, 2009

- Registration 7:00 pm
- Evening Devotion 9:00 pm
- Basketball and Video Games 10:00 pm
- Lights Out ??? 1:00 am

Saturday, February 6, 2009

- Breakfast 7:00 am
- Morning Devotion 8:30 am
- Sled Judging 9:00 am
- Events begin 9:30 am
- Lunch – On your own 12:00 pm
- Continue Events 1:00 pm
- Closing Assembly - Awards - Prayer 3:15 pm
- Break Camp and head home 3:45 pm

2010 Winter Camp Staff

- District Commander Harry Hunt
- Event Coordinator Jon Miltenberger
- Registration Henry White / Paul Hickman
- Paint Ball Chris Christofis
- Event Activities Sectional Staffs
 - Basbetball Bill Barbaree
 - Volleyball / Dodgeball Bill Barbaree
- Health and Safety John Coleman
- Video Games Aaron Snyder
- Camp Site Coordinators Dave Morrison

Cost: *If you are going to tent camp* :\$18.00 / person (if you plan to stay over to Sunday there will be an additional \$5.00 cost payable at registration) **Meals not included**

Dorm Camping – The cost will be \$45.00 / person If you just don't want to setup your tents or this may be your first time to Winter Camp, then this might be for you. You may have to share a dorm room with another outpost (A great time to make new friends). Breakfast and lunch are included in the price. You need to bring your own bedding. **All chartered outposts will receive a 15% discount.** **You will need to pre-register by January 16, 2010 and pay in advance so we know how many dorm rooms and meals we need .**

You will need to mail your Pre-registration form and check to Jon Miltenberger. **Make checks payable to Ohio District Royal Rangers**

Clothing.

- Footwear.

As with other clothing, the layer system is also the answer for foot-wear. Start with a pair of silk, nylon, or thin wool socks next to your skin. Then layer on several pairs of heavier wool socks. When and if your feet become damp, change into another pair of dry socks at the first opportunity. Rubber over-boots will protect the feet from water and will allow more comfortable shoes to be worn within.

- Mittens and Gloves.

Mittens allow your fingers to be in direct contact with each other. They will keep your hands warmer than regular gloves that cover each finger. Select mittens that are filled with foam insulation, or pull on wool gloves and cover them with a nylon over-mitt. Long cuffs will keep wind and snow from getting in.

- Headgear.

The stocking hat is the warmest thing you can cover your head with in cold weather. Get one that is large enough to pull down over your ears. Also ski masks are great in the winter and can help in keeping your neck and face warm as well. Noses and ears can be very easily frostbitten, so a scarf can be an invaluable item to have.

- Parka and/or Overcoat.

Your coat or parka is the most important piece of your winter clothing. It needs to be large enough to fit over extra clothing without cutting off blood flow, and allowing ventilation to keep moisture away from your body. A large permanently attached hood will prevent heat loss around your head and neck.

- Sleepwear.

You should never sleep in the same clothes that you have worn all day. They are damp and will cause you to chill. This could cause frostbite and hypothermia. It is advised that you bring a thick pair of sweats and thermal underwear to sleep in. Keep the thermals and sweats for sleeping in only. Do not wear them during the day; this will keep them the driest. Also be sure to have a couple of layers of wool or heavy thick cotton socks on as well. Always sleep with a stocking hat on your head. Your sleeping bag needs to be a winter rated bag. It is also a very good idea to have some kind of sleeping mat to use in the winter. The mat can be a piece of high-density rubber foam at least one inch thick. In cold weather camping you never want to sleep on an air mattress or off the ground in a cot. The air under you will cool you off in no time and this would create a threatening situation. If you don't have a sleeping mat, bring a spare wool or natural fiber blanket to use as a ground pad under your sleeping bag. The sleeping mat is worth its weight in gold.

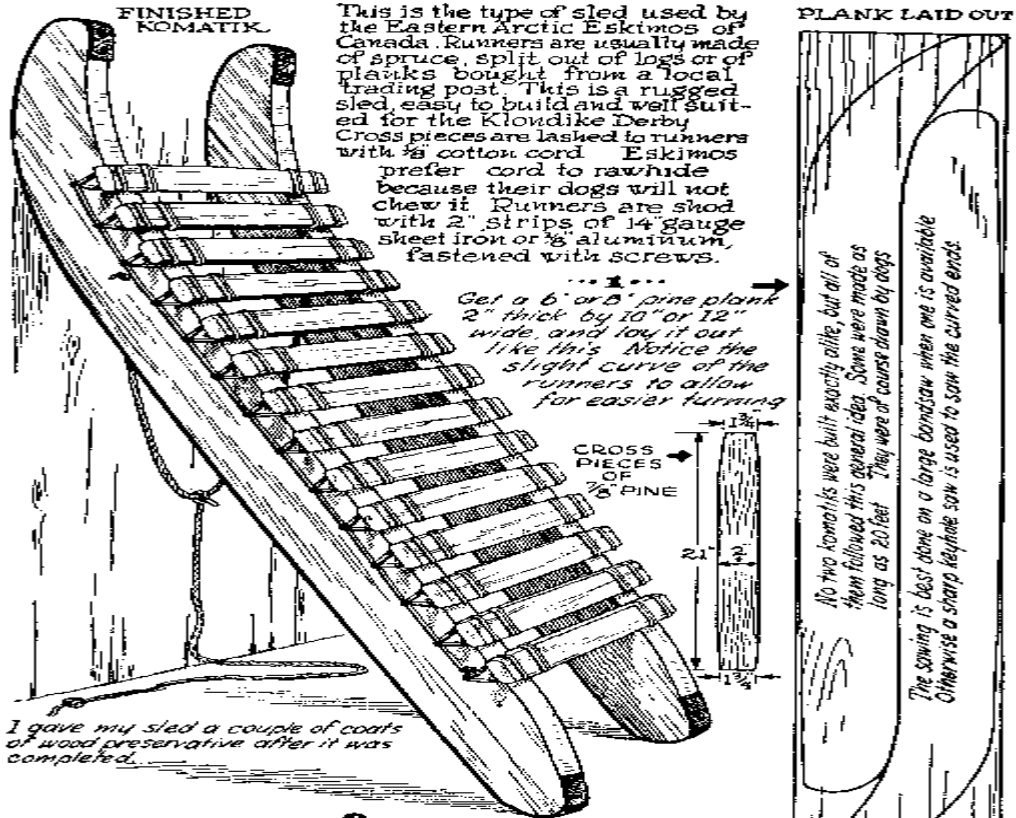
Have fun!

Every year, tens of thousands of boys will go winter camping. Although the threat of danger is always present in a winter camp, planning and knowledge can overcome this. It is very important that the Rangers come prepared. Make sure you are ready, and most of all, SAFE.

Here are a couple different types of sleds that you could make

ESKIMO KOMATIK

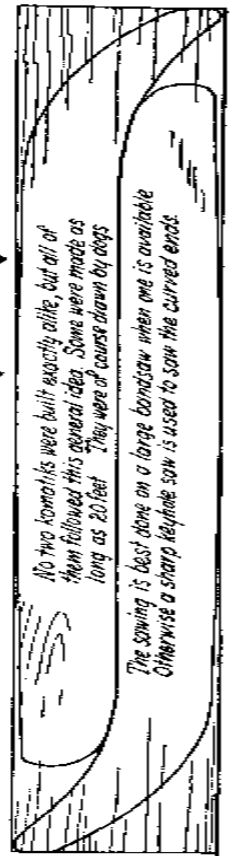
By BEN HUNT



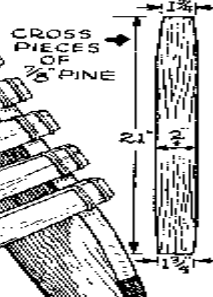
FINISHED KOMATIK.

This is the type of sled used by the Eastern Arctic Eskimos of Canada. Runners are usually made of spruce, split out of logs or of planks bought from a local trading post. This is a rugged sled, easy to build and well suited for the Klondike Derby. Cross pieces are lashed to runners with $\frac{1}{8}$ cotton cord. Eskimos prefer cord to rawhide because their dogs will not chew it. Runners are shod with 2" strips of 14 gauge sheet iron or $\frac{1}{8}$ " aluminum, fastened with screws.

PLANK LAID OUT



... 1 ...
Get a 6" or 8" pine plank 2" thick by 10" or 12" wide, and lay it out like this. Notice the slight curve of the runners to allow for easier turning.



No two komatiks were built exactly alike, but all of them followed this general idea. Some were made as long as 20 feet. They were of course drawn by dogs. The sawing is best done on a large band saw when one is available. Otherwise a sharp keyhole saw is used to saw the curved ends.

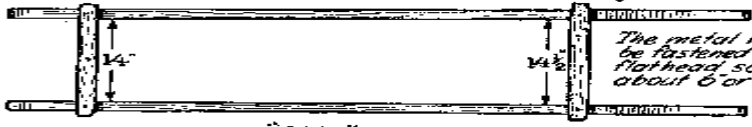
I gave my sled a couple of coats of wood preservative after it was completed.

... 2 ...
Tack sides together and trim edges uniform with a drawknife and a plane. Runners should be identical.

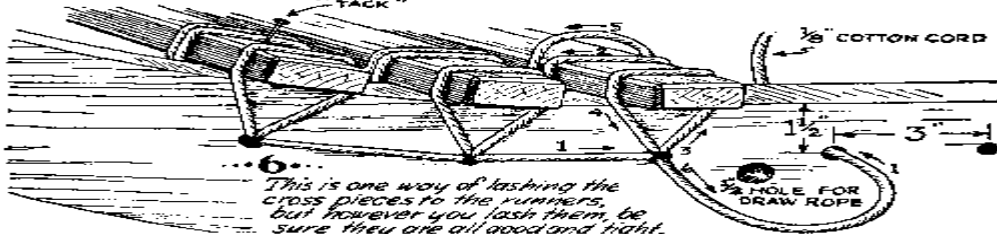


... 3 ...
Bore $\frac{3}{8}$ " or $\frac{1}{2}$ " holes as shown, while the side pieces are still tacked together.

... 4 ...
Take runners apart and tack the first and the last cross pieces in position. Front end of sled should be slightly wider than the back end.



... 5 ...
The metal runners should be fastened with counter sunk flathead screws, placed about 6" or 8" apart.



... 6 ...
This is one way of lashing the cross pieces to the runners, but however you lash them be sure they are all good and tight.

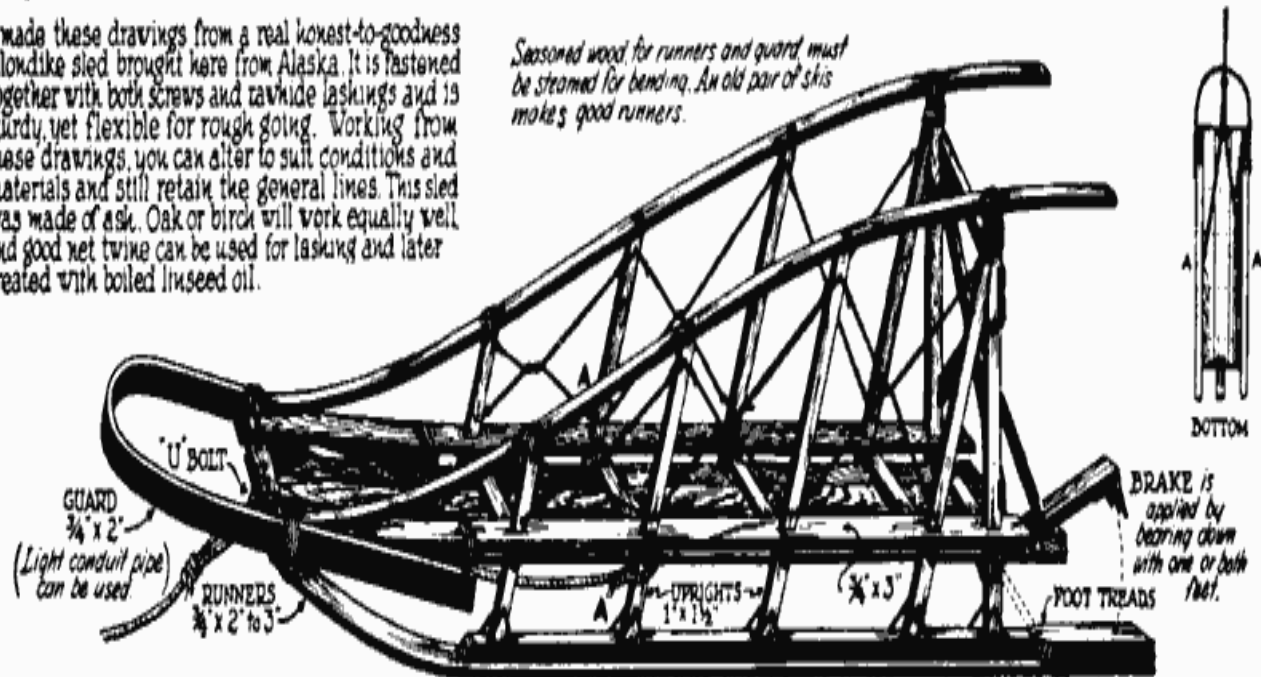


KLONDIKE SLED

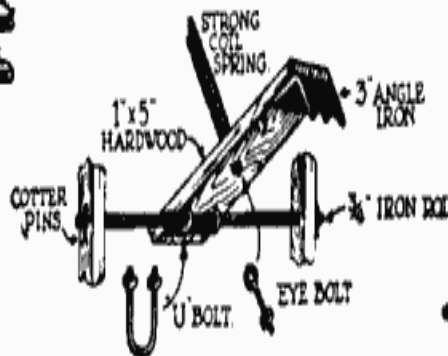
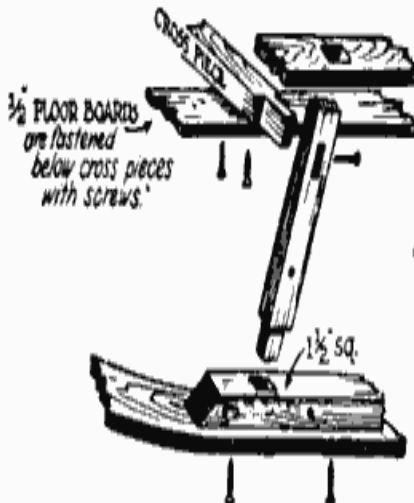
20" wide x 6' or 7' long is a good size for scouting

I made these drawings from a real honest-to-goodness Klondike sled brought here from Alaska. It is fastened together with both screws and rawhide lashings and is sturdy, yet flexible for rough going. Working from these drawings, you can alter to suit conditions and materials and still retain the general lines. This sled was made of ash. Oak or birch will work equally well and good net twine can be used for lashing and later treated with boiled linseed oil.

Seasoned wood for runners and guard must be steamed for bending. An old pair of skis makes good runners.



Use ski wax on wooden runners. This one was shot with iron.



BRAKE ASSEMBLY
A brake is a must in hilly country or when using dogs. It is usually all metal.



COURTESY OF RAULI MARONEN SOCIETY



Winter Camp Personal Equipment Check List

- | | |
|---|---|
| <input type="checkbox"/> Winter Coat or Snowmobile Suit | <input type="checkbox"/> Long Underwear, Tops and Bottoms |
| <input type="checkbox"/> Pair of Winter Boots | <input type="checkbox"/> Poncho or Rain Coat |
| <input type="checkbox"/> Sweat Suit or Flannel Pajamas | <input type="checkbox"/> Thinsulate Gloves or Mittens -2 Pr. |
| <input type="checkbox"/> Extra Pair Underwear – 2 pair | <input type="checkbox"/> Sweater or Sweatshirt |
| <input type="checkbox"/> Socks Several Pair – Winter type --no cotton | <input type="checkbox"/> Pen or Pencil |
| <input type="checkbox"/> Pants or Snow Pants at least one extra pair | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Air Mattress, Cot, or Foam Pad | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Sleeping Bag and Extra Blankets | <input type="checkbox"/> Chapstick or Vaseline |
| <input type="checkbox"/> Bible or New Testament | <input type="checkbox"/> Wool Cap or Hat that Covers Ears |
| <input type="checkbox"/> Handkerchief or Tissues | <input type="checkbox"/> Scarf or Muffler (Optional) |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> Plastic bag to put dirty and wet clothes |

All personal equipment should be packed so that you can live out of it during the campout. A backpack or duffle bag is excellent. Need to be able to keep clothes dry.

You can never have too many pairs of socks and gloves. You need to be able to stay dry.



OHIO DISTRICT ROYAL RANGERS INDIVIDUAL REGISTRATION FORM



(DATE)

(NAME OF EVENT)

(This entire form MUST be filled out, turned in to your senior commander, and then brought with you to the District Royal Ranger event!)

PLEASE PRINT

NAME _____ AGE _____ OUTPOST NO. _____
ADDRESS _____ PHONE (____) _____
CITY _____ STATE _____ ZIP _____
CHURCH _____ CITY _____ PASTOR _____
NAME OF COMMANDER RESPONSIBLE _____

PARENT PERMISSION FORM

I hereby authorize _____ to accompany the Royal Rangers to a District Event. I understand the arrangements and feel that adequate precautions for the safety of my child, have been, and will continue to be taken. I will not hold the local church or its leaders, or the District Staff, or the Ohio District Council, Inc. of the Assemblies of God, responsible for any accidents. I understand insurance will be provided by the District and that there will be an emergency First Aid Station on location. Insurance coverage is a secondary coverage. All claims will go through the family's primary provider first then will be sent through HCRC.

SIGNATURE _____ DATE _____

(Parent or Guardian)

EMERGENCY MEDICAL INFORMATION AND AUTHORIZATION

This form must be signed by parent or guardian, and accompany the child to the event. The purpose of the form is to make it possible for parents and guardians to authorize the provisions of emergency treatment for MINOR Royal Rangers who may become ill or injured at a District Event. You can authorize such emergency treatment for your child, by completing this form:

I, _____ (Parent or Guardian) of _____ (city) _____ (state),
the _____ (Father, Mother, Guardian) of _____ (name of child), a MINOR, WHO IS ATTENDING A
ROYAL RANGERS DISTRICT EVENT, DO HEREBY GIVE MY CONSENT, IN THE EVENT THE ADMINISTRATION OF ANY
TREATMENT DEEMED NECESSARY BY LICENSED PHYSICIANS, DENTISTS OR EMERGENCY PERSONNEL SERVING THE OHIO
DISTRICT COUNCIL AT SAID EVENT.

(SIGNED) _____

Home Phone (____) _____ Business Phone (____) _____ Doctor's Name _____ Phone (____) _____

CHILD'S MEDICAL HISTORY: Good Health? _____ Allergies? _____ Physical Impairments, (Heart, Epilepsy, etc.)?

SPECIFY ANY MEDICATION THAT MUST BE ADMINISTERED:

Date last TETANUS shot: _____ ANY SPECIAL INSTRUCTIONS? (Use other side of
necessary) _____

OHIO ROYAL RANGER WINTER CAMP



Registration Form

(Bring this completed form with you to WINTER CAMP)

CHURCH NAME _____ OUTPOST # _____

CITY _____ CHURCH PHONE # (____) _____

PASTOR _____ PASTOR'S PHONE# (____) _____

SENIOR COMMANDER _____ PHONE # (____) _____

ADDRESS _____ CITY _____ ZIP _____

SECTION _____

	<u>Adventure Rangers</u>	<u>Expedition Rangers</u>	<u>Leaders</u>	<u>Total</u>
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____
5.	_____	_____	_____	_____
6.	_____	_____	_____	_____
7.	_____	_____	_____	_____
8.	_____	_____	_____	_____
9.	_____	_____	_____	_____
10.	_____	_____	_____	_____
11.	_____	_____	_____	_____
12.	_____	_____	_____	_____
13.	_____	_____	_____	_____
14.	_____	_____	_____	_____
15.	_____	_____	_____	_____

TOTAL Adventure Rangers _____

TOTAL Leaders _____

TOTAL Expedition Rangers _____

TOTAL In Dorm @ \$45.00 = \$ _____

TOTAL Paint Ball @ \$12.00 = \$ _____

TOTAL Camp outdoors @ \$18.00 = \$ _____ **TOTAL \$ _____**

Chartered Outposts receive a 15 % discount \$ _____ **Grand Total**

\$ _____

FOR STAFF USE ONLY: Up-to-date Charter[] Yes [] No